

Winter 2019/2020 (November-März)

Entwurf-1 : 08.10.2020

kleine Turnhalle

Gymnasium

Galerie

| | kleine Turnhalle | | | | | Gymnasium | | | | | Galerie | | | | | |
|-------|--------------------|--------------------------|----------|------------|-------------|-------------------|---------------|------------|---------------------------|-----------------|---------|----------|----------|------------|---------|-------|
| | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | |
| 15:30 | | | | | | von Schule belegt | | | | | | | | | | 15:30 |
| 15:45 | | | | | | | | | | | | | | | | 16:00 |
| 16:00 | Spielgruppe Turnen | Kursangebote | | | VHS | | | | | | | | | | | 16:15 |
| 16:15 | | | | | | | | | | | | | | | | 16:30 |
| 16:30 | | | | | | | | | | | | | | | | 16:45 |
| 16:45 | | | | | | | | | | | | | | | | 17:00 |
| 17:00 | | | | | | | | | | | | | | | | 17:15 |
| 17:15 | | Senioren-sport f. Ältere | | | | | | | | | | | | | | 17:30 |
| 17:30 | VHS | | VHS | VHS | | | | Basketball | Mädchenturnen ab 6 Jahren | REHA-Herz-sport | | | | | | 17:45 |
| 17:45 | | | | | | | | | | | | | | | | 18:00 |
| 18:00 | | | | | | VHS | Stepptanz | | | | | | | | | 18:15 |
| 18:15 | | | | | | | | | | | | | | | | 18:30 |
| 18:30 | | Kursangebot | | | | | | | | | | | | | | 18:45 |
| 18:45 | | | | | | | | | | | | | | | | 19:00 |
| 19:00 | | | | | | | | | | | | | | | | 19:15 |
| 19:15 | | | | | | | | | | | | | | | | 19:30 |
| 19:30 | | | | | | | | VHS | | | | | | | | 19:45 |
| 19:45 | | | | | | | | | | | | | | | | 20:00 |
| 20:00 | | Aerobic & Fitness | | | Alpenverein | BASF | Boogie-Woogie | | | | | | | | | 20:15 |
| 20:15 | Boogie-Woogie | | | | | | | | | | | | | | | 20:30 |
| 20:30 | | | | | | | | | | | | | | | | 20:45 |
| 20:45 | | | | | | | | | | | | | | | | 21:00 |
| 21:00 | | | | | | | | | | | | | | | | 21:30 |
| 21:30 | | | | | | | | | | | | | | | | 22:00 |

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| Montag | 15:45-16:45 | Turn+Spiel Mäd.+Bub. 4-6 |
| Montag | 20:00-22:00 | Boogie-Woogie |
| Dienstag | 15:30-16:45 | Kursangebote Gymnastik |
| Dienstag | 17:00-18:00 | Er & Sie Seniorensport f. Ältere |
| Dienstag | | |
| Dienstag | 19:30-21:00 | Aerobic & Fitness |
| Donnerstag | 19:30-20:45 | Funktionelle Kräftigung - Women only |

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| Montag | 19:30-21:00 | BASF - Fußball |
| Dienstag | 17:00-19:45 | Stepptanz |
| Dienstag | 20:00-22:00 | Boogie-Woogie |
| Mittwoch | 17:00-18:45 | Basketball |
| Donnerstag | 17:00-18:15 | Mädchenturnen |
| Donnerstag | 19:00-20:30 | Karate |
| Freitag | 17:00-18:15 | REHA - Herz-sportgruppe |

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|------------|-------------|--------------------------|
| Montag | 18:00-19:30 | Karate |
| Montag | 19:30-22:00 | Boogie-Woogie |
| Montag | 17:30-19:45 | Ringens Jugend |
| Montag | 19:45-22:00 | Ringens Erwachsene |
| Dienstag | 17:00-18:45 | Kursangebote Gymnastik |
| Dienstag | 19:00-20:00 | Wirbelsäulengymnastik |
| Mittwoch | 17:30-22:00 | Ringens Jugend u. Erw. |
| Mittwoch | 19:30-22:00 | Boogie-Woogie |
| Donnerstag | 16:30-18:00 | Kursangebote Gymnastik |
| Donnerstag | 18:00-19:15 | Kursangebot 60 Plus |
| Donnerstag | 19:30-20:45 | Kursangebot Step-Aerobic |
| Freitag | 18:00-20:00 | Karate |
| Freitag | 17:30-22:00 | Ringens Jugend u. Erw. |

Allgemeine Infos:

Kurse: finden nicht ganzjährig sondern nur zu bestimmten Zeiten statt
bitte entsprechende Aushänge der Gymnastikabteilung beachten